

YEARLY REPORT

2022- 2023

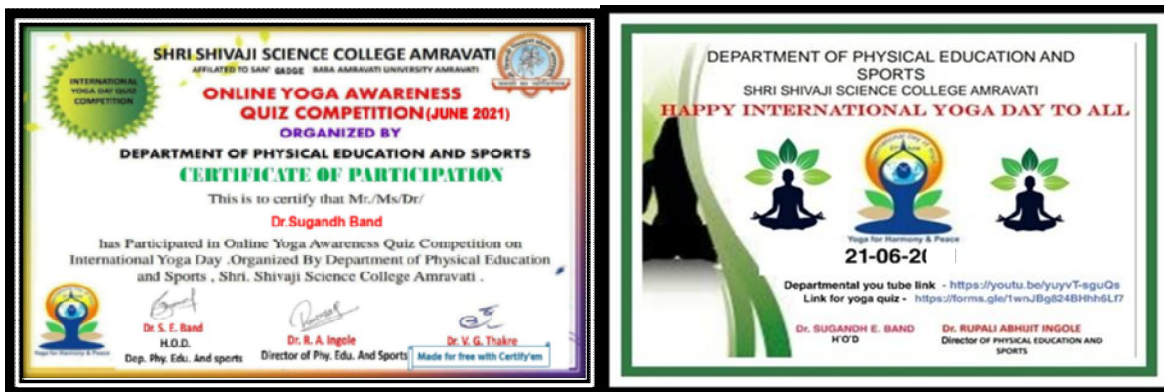
Department of Physical Education and Sports

1. Organizing International Yoga Day 21 June 2022

After a huge global epidemic like the coronavirus, the whole world realized the unique importance of physical education and sports. Even in the college, on behalf of the physical education and sports department, necessary efforts were made to maintain the good health of the students, teachers and non-teaching staff of the entire college. After the corona period, the enthusiasm of the students was different this year, while the session was being started on behalf of the physical education and sports department, the International Yoga Day was organized on 21 June 2022 in a grand manner. All the faculty, non-teaching staff and students of the college gave a spontaneous response on the said International Yoga Day. With the help of all of them, yoga specialist Vishwas Jadhav, Head of Physical Education and Sports Department, Dr. Rupali Ingole, Dr. Sugandha Bund, gave a demonstration and also filmed it online and distributed it to all the students and college professors. Those who could do it physically and those who could do it at home practiced yoga at home to celebrate this Yoga Day. The said Yoga Day was organized by the District Sports Office Amravati and the college.

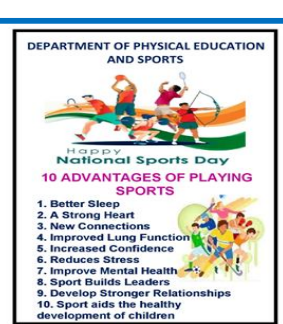
On the occasion of this day, like every year, a national level quiz on Yoga and Pranayama was conducted online. A total of 922 members from various levels of India participated in the said quiz. E-certificates were also distributed to all the members who passed. On the occasion of Yoga Day, as yoga is very important for maintaining good health of every person, Dr. G.V Korpe, Principal of the college, advised that one should try to maintain good health by doing yoga on a daily basis.

At the beginning of the session, records of sports interests of all the students in various classes were taken by the Physical Education and Sports Department. Similarly, discussions were also held regarding how the students can gain proficiency in various sports by directly interacting with the students.



2. Organizing National sports day 29 august 2022

On the occasion of National Sports Day on August 29, National Sports Day was organized in the colleges in memory of Major Dhyani Chand. During the celebration of the sports day, various sports events were also organized at the college level in which softball sports events were organized at Vidarbha level. The said competition was conducted in nine teams invited from Vidarbha and the winners and runners-up of these competitions were honoured with cash prizes, badges and medals. In the said competition Yavatmal team won the title while the host Amravati team reached the second position. The competition was inaugurated by the Secretary of the District Solar Association as well as the District Sports Officer Amravati while the Principal of Samaropus College Dr. G.V Korpe along with the Heads of all the departments registered their presence and congratulated them and wished them good luck for the future competitions.



3. Organizing S.G.B. University Amravati Basket Ball tournament & Selection Tayal and coaching camp Boys and Girls for west zone tournament.

Many inter-collegiate competitions organized by Sant Gadgebaba Amravati University have been successfully organized in the college including Basketball Women's Inter-College Competition Softball Women's and Men's Inter-College Sports Competition, Dr. Rupali Ingole & Dr. Sugandh Band of the department prepared the team for the next competition by conducting All India Inter University level training camp, ball badminton women training camp and softball women training camp for the selected university level team.

Sant Gadge Baba Amravati University Inter College Basketball Women's Tournament





4. Organizing S.G.B. University Amravati ICT Softball Tournament, Selection Tayal and coaching camp Boys and Girls for all India inter university tournament.

Sant Gadge Baba Amravati University Inter College Softball Men and Women Tournament



Softball Coaching Camp for Sant Gadge Baba Amravati Teams for All India Inter University Tournaments



5. Organizing D.S.O Amravati school tournaments under 14,17,19 Age group

Along with the college competition, monsoon sports competitions organized by the district sports office were also organized at the college playground. The said organization was related to both the municipal and rural sports competitions. These sports included sapak takra, handball, soft ball, basketball, ball badminton, etc. A total of 410 students from various schools in the age group of 14, 17 and 19 participated. The main objective behind organizing this competition was to make college students also interested in sports by watching the games of school students and to increase participation in sports competitions.





6. Organizing Tree Planting Program, 15 August 2022, 26 January 2023 Independence Day Celebration .

Along with the sports competition, various activities were also implemented on behalf of the physical education and sports department in the session 2022-23 in which 15th August, 26th January Independence Day and Republic Day flag hoisting program, birth anniversary of Dr. Bhausaheb Punjabrao Deshmukh, tree plantation project was implemented at sports ground.

Organized various sports training camp for college students which mainly included sports such as basketball, softball, lawn tennis, cricket, kabaddi, kho-kho, volleyball, handball, ball badminton, net ball etc. through which the students should participate in at least solitary sports and keep themselves healthy.

7. Organizing Online certificate course on “yoga and meditation” & “Competitive Sports through Self-Defence

Not only this, on behalf of Physical Education and Sports Department, like every year, yoga and pranayama certificate course was organized in which 124 students from various colleges registered their participation offline. A certificate course in Competitive Sports Defence was also organized by the Department of Physical Education and Sports in which a total of 212 students of the college registered their participation and completed the certificate course and got the certificate.

In the same year, Dr. Sugandha of the department wrote various books and Dr. Rupali Ingole wrote the book "All About Softball" and made the book available to all the students. Not only that, this year the Department of Physical Education and Sports has been approved as a research center and both Dr. Sugandha and Dr. Rupali Ingole have been selected as research guides and a total of three researchers are completing their research work on the subject of Physical Education and Sports on behalf of the student department.

8. Organizing Basketball Training Camp for physically challenged people September 2022

A number of social activities were also implemented this year by the Department of Physical Education and Sports in which a basketball training camp was organized for disabled basketball players in which a total of 17 disabled persons participated. Along with this, recreational sports materials and competitive sports materials were also provided so that all the young girls in the Shraddha Nand Girls Hostel near the college could

participate in sports and games. Not only this, short term softball and basketball training was also conducted for free for various school students.



9. Shivotsav Krida Mahotsav

in the shivotsav organized in the college in which three days from 15th to 17th, various recreational sports competitions were organized for all the students of the college for the faculty and non-teaching staff by the Physical Education Department. In this, various games such as cricket, volleyball, rope, ball race, music chair were organized. In which along with the students, the college professors and non-teaching staff happily participated.



10. Intramural badminton tournament for teaching and non-teaching staff of college

As a new activity in the college, this year inter-college Badminton competitions for teachers and non-teaching staff were organized by the Department of Physical Education and Sports in which all the faculty

competitions was conducted on 26th January in which all the faculty and non-teaching staff were honored by the college principal Dr. G.v. Korpe. This initiative was taken by the Department of Physical Education and Sports with the main objective that every person should be empowered through sports and should play at least one sport for their health.



Prize Distribution Ceremony of The Tournament on 26 -01-2023



11. Organization of felicitation program of medallist players of session 2022-23.

As a special initiative of the sports department, track suits were distributed to all the students playing at the state and national level this year on behalf of the college and they were felicitated on the day of the ceremony so that other college students could be enlightened by looking at them and this was a small effort for them to register their participation in sports. This year, a total of 462 female students of the college participated in various sports competitions, while 20 students excelled in various sports and represented the college at the state, national and inter-university level and won many honors. Mainly in this year's Mini Maharashtra Olympics a total of nine students looted medals while in the All India Inter University Competition, Archery student **Purva Bokde** created a new history by earning a silver medal. Details of all these players are as follows.

Felicitation Program of Medallist Players



MEDAL WINNER STUDENTS IN STATE, NATIONAL AND ALL INDIA INTERUNIVERSITY TURNAMENTS



**Priti Pramod Deshmukh -weight lifting
First Rank In India**

**Purva Bokde Silver Medal Archery in All
India Inter University**



**PURVA BOKDE GAURAV DAHILEKARVEDANT SARAF
Silver Medal Archery State Runner Khokho Swimming M-O- Bronze Medal**

**SANJOT CHIPDE
Hand Ball M-O- Bronze Medal**



RADHIKA CHUTE

SAKSHI DHOKNEPRITI DESHMUKH

RUSHIKESH MATHURKAR

Squeash M-O- Bronze Medal

Archary M-O- Silver Medal weight lifting indian rank first

doge ball national second place





Inter College Ball Badminton Semi-Finalist College Inter College Softball Women Tournament
Semi-Ball Badminton Team Team Finalist College Softball Team Team

HEAD

Department of Phy. Edu & sports